



Hook Infant School, Church View,
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26th April 2024

Dear Parents/Carers,

As part of the Government's drive to improve the mental health and wellbeing of all pupils in schools and colleges, there is an expectation that all schools should identify and train a senior mental health lead (SMHL). The senior mental health lead should be a member of staff empowered to develop and oversee their setting's whole school or college approach and I am pleased to announce that I have been appointed within this capacity alongside my usual Deputy Headteacher and Designated Safeguarding Lead role here at Hook Infant School.

As part of the expectations of this role, schools should create a whole school or college approach to mental health and wellbeing based on eight key principals. These are:

- an ethos and environment that promotes respect, and values diversity
- leadership and management that supports and champions efforts to promote emotional health and wellbeing
- staff development to support their own wellbeing and that of pupils and learners
- curriculum teaching and learning to promote resilience and support social and emotional learning
- enabling student voice to influence decisions
- identifying the need for and monitoring the impact of interventions
- targeted support and appropriate referral
- working with parents and carers

I am now very pleased to be able to share with you our whole school mental health and wellbeing strategy which details our support for all children, adults and our school community here at Hook Infant School.

If I can be of further assistance, please do not hesitate to contact me.

Yours sincerely,

Louise Hannan

Mrs Louise Hannan

Deputy Headteacher, DSL and SMHL

