



Every Child, Every Day, Every Future

Physical Education Policy

At Hook Infant school we aim to encourage all of our children to be physically active and make healthy choices when it comes to healthy living. During P.E lessons we teach children fundamental physical skills which feed through into their everyday lives. We encourage children to become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others.

At Hook Infant School, we recognise not only the importance of fine and gross motor skills and how these impact on other areas of the curriculum such as handwriting, but also the importance of physical activity on children's mental health and wellbeing. We aim to inspire motivation through incorporation of our school values; respect, courage, perseverance, kindness and teamwork.

Aims:

- To ensure that children are physically active, confident and challenged in the development of their fundamental movement skills.
- To ensure teachers are competent in delivering the PE curriculum.
- To engage in competitive activities, both against self and against others.
- To provide opportunities for children to work individually and as part of a team in both competitive and cooperative physical activity.
- To provide opportunities to embed values including respect, courage, perseverance, kindness and teamwork.
- To build self-esteem and confidence in mastering skills and performing in front of others.
- To listen to and give feedback, in order to improve performance.

These aims and the programme of study will be delivered through the PE scheme of work. All pupils should be able to follow a broad, balanced and inclusive PE curriculum which is assessable to all and meets individual Special Educational Needs.

Monitoring and Assessment:

Children are monitored and assessed as individuals and assessment results are used to develop future planning, ensuring the best outcomes for every child.

Assessments are developed in line with the National Curriculum end of Key stage statements and Hook Infant School's assessment policy.

Reviewed and revised: May 2022

Approved by the Governing Body, Hook Infant School

Signed *Alison Collier* Chairman of Governing Body

Date: May 2022

Date for Review May 2025